

APRIL | 2023

 **ST. HENRY CATHOLIC SCHOOL**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Chicken Patty Sandwich
OR Fish Sandwich
Lettuce, Tomato, Onion, Pickles
Mac and Cheese
Baked Beans
Carrots and Celery with Dip
Fresh or Dried Fruit
Frozen Sidekicks
Milk

4 Nachos
OR Soft Taco
Shredded Cheese, Sour Cream
Lettuce, Tomato, Onion, Salsa
Black Beans
Corn
Fresh and Dried Fruit
Milk

5 Chicken Drumstick with Roll
Mashed Potatoes and Gravy
Green Beans
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

6 Holy Thursday
No School

7 Good Friday
No School

10 Easter Monday
No School

11 Easter Break
No School

12 Easter Break
No School

13 Easter Break
No School

14 Easter Break
No School

17 Mini Corn Dogs
Mac and Cheese
Pickle Spears
Green Beans
Celery with Dip
Fresh or Dried Fruit
Frozen Sidekicks
Milk

18 Hamburger
OR Cheeseburger
Lettuce, Tomato, Onion, Pickles
Crinkle Cut Fries
Baked Beans
Fresh and Dried Fruit
Milk

19 3 or 4 Way Chili Spaghetti
Shredded Cheese, Diced Onions
Oyster Crackers
Kidney Beans
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

20 Cheese Pizza
OR Pepperoni Pizza
Steamed Broccoli
Garden Salads
Mandarin Oranges
Fresh or Dried Fruit
Milk

21 Mini French Toast
OR Mini Waffles
Syrup Cup, Scrambled Eggs
Smile Fries
Veggie Boats with Dip
Baked Apples
Strawberry or Mixed Berry Cups
Milk

24 Fiestada Pizza
OR Cheese/Chicken Quesadilla
Salsa, Sour Cream
Refried Beans
Corn
Fresh or Dried Fruit
Frozen Sidekicks
Milk

25 Chicken Tenders
OR Fish Sticks
Tater Tots
Green Beans
Mini Biscuit
Fresh and Dried Fruit
Milk

26 Chicken Alfredo
Garlic Breadstick
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

27 Confetti Pancakes
Sausage Patties
Syrup Cup
Smile Fries
Veggie Boats with Dip
Baked Apples
Fresh or Dried Fruit

28 Grilled Cheese
OR Cheesy Flatbread
Tomato Soup, Marinara Sauce
Pickle Spears, Oyster Crackers
Garden Salads
Applesauce
Strawberry or Mixed Berry Cups
Milk

Alternate Meal Options

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options.

PB&J Grab & Go

PB&J Uncrustable, cheese stick, Goldfish crackers

Yogurt Grab & Go

Yoplait yogurt cup, cheese stick, Goldfish crackers, pretzels

Extras NOT included in the lunch:

Milk: 50¢
Small juice: 50¢
Switch drink: 85¢
Water: \$1.30
Bagged snacks: 80¢
Rice Krispie Treat: 80¢
Muffins: \$1.00
Cereal bars/Poptarts: \$1.00

Meat option not offered on Fridays

Menu subject to change by product availability

This institution is an equal opportunity employer