



FEBRUARY | 2023

ST. HENRY CATHOLIC SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30 Fiestada Pizza OR Cheese Quesadilla Salsa Cup Refried Beans Corn Peach Cups Frozen Sidekicks Milk	31 Chicken Tenders OR Fish Sticks Tater Tots Green Beans Mini Biscuit Pear Cups Fresh or Dried Fruit Milk	1 Spaghetti with Meatballs OR Chicken Alfredo Garlic Breadstick Glazed Carrots Garden Salads Pineapple Tidbits Strawberry or Mixed Berry Cups Milk	2 Confetti Pancakes Sausage Patties Syrup Cup Smile Fries Veggie Boats with Dip Baked Apples Fresh or Dried Fruit Milk	3 Noon Dismissal Lunch will not be served.
6 Chicken Patty Sandwich OR Fish Sandwich Mac and Cheese Baked Beans Carrots and Celery with Dip Peach Cups Frozen Sidekicks Milk	7 Beef Nachos OR Turkey Soft Taco Shredded Cheese, Sour Cream Salsa Cup Black Beans, Corn Pear Cups Fresh or Dried Fruit Milk	8 Chicken Drumstick with Roll OR Turkey and Cheese Sub Mashed Potatoes and Gravy Green Beans Pineapple Tidbits Strawberry or Mixed Berry Cups Milk	9 Hot Dog OR Cheese Coney Diced Onions, Shredded Cheese Crinkle Cut Fries Veggie Boats with Dip Mandarin Oranges Fresh or Dried Fruit Milk	10 Cheese Bites OR Pizza Crunchers Marinara Sauce Steamed Broccoli Garden Salads Applesauce Strawberry or Mixed Berry Cups Milk
13 No School	14 Chicken Nuggets Mac and Cheese Corn Baked Beans Mini Biscuit Pear Cups Fresh or Dried Fruit Milk	15 Rotini with Meat Sauce and Garlic Breadstick OR Mini Cheese Calzones with Marinara Sauce Glazed Carrots, Garden Salads Pineapple Tidbits Strawberry or Mixed Berry Cups Milk	16 Tangerine Chicken OR Teriyaki Beef Brown Rice, Steamed Broccoli Carrots with Dip Mandarin Oranges Fresh or Dried Fruit Fortune Cookies Milk	17 Mini Strawberry Cream Bagels OR Mini Cinnamon Rolls Scrambled Eggs Smile Fries Veggie Boats with Dip Baked Apples Strawberry or Mixed Berry Cups Milk
20 PRESIDENT'S DAY No School	21 Hamburger OR Cheeseburger Crinkle Cut Fries Baked Beans Pear Cups Fresh or Dried Fruit Milk	22 ASH WEDNESDAY Fish Sandwich OR Cheese Bites Tater Tots Cole Slaw Pineapple Tidbits Strawberry or Mixed Berry Cups Milk	23 Cheese Pizza OR Pepperoni Pizza Steamed Broccoli Garden Salads Mandarin Oranges Fresh or Dried Fruit Milk	24 Mini French Toast OR Mini Waffles Syrup Cup, Scrambled Eggs Smile Fries Veggie Boats with Dip Baked Apples Strawberry or Mixed Berry Cups Milk
27 Fiestada Pizza OR Cheese Quesadilla Salsa Cup Refried Beans Corn Peach Cups Frozen Sidekicks Milk	28 Chicken Tenders OR Fish Sticks Tater Tots Green Beans Mini Biscuit Pear Cups Fresh or Dried Fruit Milk	1 Spaghetti with Meat Sauce OR Chicken Alfredo Garlic Breadstick Glazed Carrots Garden Salads Pineapple Tidbits Strawberry or Mixed Berry Cups Milk	2 Confetti Pancakes Sausage Patties Syrup Cup Smile Fries Veggie Boats with Dip Baked Apples Fresh or Dried Fruit Milk	3 Grilled Cheese OR Cheesy Flatbread Tomato Soup Garden Salads Oyster Crackers Applesauce Strawberry or Mixed Berry Cups Milk

Alternate Meal Options*

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options.

PB&J Grab & Go

PB&J Uncrustables, cheese stick, Goldfish crackers

Yogurt Grab & Go

Yoplait yogurt cup, cheese stick, Goldfish crackers, pretzels

Extras NOT included in the lunch:

Milk: 50¢

Small juice: 50¢

Switch can: 85¢

Water: \$1.30

Bagged snacks: 80¢

Rice Krispie Treat: 80¢

Muffins: \$1.00

Cereal bars/Poptarts: \$1.00

Meat option not offered on Fridays

Menu subject to change by product availability